east bay community action program



4 STEPS TO A SUCCESSFUL



BE A HUNGER HERO! OUR FOOD PANTRIES NEED YOUR HELP TO FILL OUR SHELVES.

Plan your drive

Gather a team together; schedule a location, date, and time; and pick a theme (not required). Promote your food drive via emails, social media, and flyers. Include a list of needed items. EBCAP's Food Pantry Wish List is provided in this packet or can be found on our website, https://www.ebcap.org/programs/food-pantries/

Register with EBCAP

Contact EBCAP's Hunger Hero liaison, Erin Fogarty. Her contact information is listed below. Erin will provide donation bin(s) to collect items, help with event coordination, answer any questions, and provide guidance.

Host your event

Set up an accessible location that allows space for the donation bin(s) and collected items. Create fun signage or use the graphics included in this packet. We recommend hosting a week-long food drive to collect as many items as possible.

Drop off your donation

Coordinate with Erin Fogarty to drop off donations. It is greatly appreciated to deliver your donations directly to our food pantries. With limited staffing, it is often difficult for us to pick up donations. If a pickup is necessary, we can schedule a time that works best for everyone.

Contact:

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Erin Fogarty



LIHEAP/ Safety Net Coordinator East Bay Community Action Program 401. 437. 1000 ext. 1141 efogarty@ebcap.org

Food Drive Checklist



Set date, time, and location Coordinate with EBCAP / Erin Fogarty Advertise food drive w/ emails & flyers Set up collection bin(s) Collect food / hygiene items Schedule donation drop off Celebrate your team's success!



Food Pantry Wish List

Food Items:

- pasta
- pasta sauce
- peanut butter
- jelly
- canned tuna
- canned chicken
- canned/ dried beans

<u>Hygiene/ Other Items:</u>

- men's/women's deodorant
- bath soap
- shampoo
- shaving cream
- razors
- toothpaste
- toothbrushes
- dish soap
- laundry soap

- rice
- canned corn
- canned green beans
- instant potatoes
- oatmeal
- canned soup
- shelf-stable oat or almond milk
- baby wipes & diapers
- hand warmers
- mittens
- hats
- socks
- household cleaners
- toilet paper
- paper towels
- sponges

We encourage donors to provide non-dented cans and items that are within their best by dates!



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Dates:

Please join us as a "Hunger Hero" for East Bay Community Action Program. Place your non-perishable items in this collection bin and you'll be helping members of the community who struggle with food insecurity.

High-need food items

- pasta pasta sauce peanut butter jelly canned tuna canned chicken canned/dried beans
- canned soup rice canned corn canned green beans instant potatoes oatmeal shelf-stable oat or almond milk

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High-need hygiene items

- deodorant soap shampoo shaving cream razors tooth paste tooth brushes dish soap laundry soap
- baby wipes & diapers hand warmers mittens hats socks household cleaners toilet paper paper towels sponges



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