



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|--|
| | 1 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting | 2 12pm- All Recovery Meeting 5:30pm- Find your Calm | 3 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga | 4 12pm - All Recovery Meeting 5:30pm - Women Empowered 7:30pm - AA Conscious Contact | 5 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only) | 6 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only) |
| 7 8am - AA Sunday Serenity CLOSED | 8 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting | 9 12pm- All Recovery Meeting 5:30pm- Find your Calm | 10 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga | 11 12pm - All Recovery Meeting 5:30pm - Women Empowered 7:30pm - AA Conscious Contact | 12 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only) | 13 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only) |
| 14 8am - AA Sunday Serenity CLOSED | 15 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting | 16 12pm- All Recovery Meeting 5:30pm- Find your Calm | 17 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga | 18 12pm - All Recovery Meeting 5:30pm - Women Empowered 7:30pm - AA Conscious Contact | 19 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only) | 20 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only) |
| 21 8am - AA Sunday Serenity CLOSED | 22 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting | 23 12pm- All Recovery Meeting 5:30pm- Find your Calm | 24 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga | 25 12pm - All Recovery Meeting 3:30pm - Moblie Food Pantry 5:30pm - Women Empowered 7:30pm - AA Conscious Contact | 26 12pm -All Recovery Meeting 1:30pm SMART Recovery (In-Person Only) | 27 10am - All Recovery Meeting (Virtual Only) 11am SMART Recovery (Virtual Only) |
| 28 8am - Sunday Serenity CLOSED | 29 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting | 30 12pm- All Recovery Meeting 5:30pm- Find your Calm | 27 10am - Mindful and Serene 12pm - All Recovery Meeting 5:30 - 7:30PM - Y12SR Yoga | | | |

Zoom Link for EBRC Groups:
Zoom: <https://zoom.us/j/7545086986>
Meeting ID: 754 508 6986
Call in: 1-646-558-8656, 7545086986#
Meeting ID: 754 508 69

Hours of Operation
Monday 9am-5pm
Tuesday 11am - 7pm
Wednesday 9am-5pm
Thursday 11am-7pm
Friday 9am-5pm
Saturday 9am-1pm (virtual only)



NEW GROUPS
Wednesday - Mindful and Serene- 10AM (Guided Meditation Group)
Mobile Food Pantry -April 25th 3:30PM - 4:30PM
Y12SR Yoga -Yoga of 12 Step Recovery Wednesdays 5:30pm
Zoom : <https://us02web.zoom.us/j/84079413842>
Smart Recovery - Saturdays 11am-12:30pm
Zoom: <https://zoom.us/j/83907629852>