



EAST PROVIDENCE FOOD PANTRY RESOURCE

LAST UPDATED: MARCH 2024



east bay community action program
THE BRIDGE TO SELF-RELIANCE



Scan the QR code to visit the
EBCAP Food Pantry webpage.

NAME: East Bay Community Action Program (EBCAP) Pantry

LOCATION: The Dennis Roy Building, 100 Bullocks Point Ave., East Providence, RI 02915 - Basement Level

HOURS: Mondays 12:30PM-4:30PM, Wednesdays 12:30PM-4:15PM, Thursdays 12:30PM-4:15PM, Fridays 8AM-12PM.

CONTACT: 401-437-1000, Ext. 1140

ACCESSIBLE: Yes, there is a ramp-accessible door in the parking lot for clients and there is a ramp right outside of the pantry.

IDENTIFICATION: Photo ID is needed. Upon initial sign-up for services, any proof of address for additional household members is needed.

HOW OFTEN CAN SOMEONE VISIT: 2x per month

HOW TO SCHEDULE AN APPOINTMENT: Walk-in only



Scan the QR code to visit the
Bread of Life Food Pantry
webpage.

NAME: Bread of Life Pantry at Newman UCC

LOCATION: 100 Newman Ave., Rumford, RI 02916

HOURS: The 2nd and 4th Tuesday of each month from 5PM-7PM.

CONTACT: 401-434-4742

ACCESSIBLE: Yes, there is a ramp and an elevator on site.

IDENTIFICATION: Driver's license or passport is needed.

HOW OFTEN CAN SOMEONE VISIT: 1x per month

HOW TO SCHEDULE AN APPOINTMENT: Walk-in only

Pantry hours are subject to change. Please contact each pantry for the most updated hours of operation.



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Health Equity Zones are an initiative of the Rhode Island Department of Health. East Bay Community Action Program is the backbone agency for the Warren, Bristol, and East Providence Health Equity Zones.



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LAST UPDATED: SEPTEMBER 2023



Scan the QR code to visit the
Good Neighbors Food Pantry
webpage.

NAME: Good Neighbors Community Kitchen and Food Pantry
LOCATION: 55 Turner Ave., East Providence, RI 02915
HOURS: Wednesdays 9AM-12PM, 3rd Tuesday of each month 5PM-7PM, and last Saturday of each month 10AM-12PM; Dining Room is open Monday to Friday from 11AM-1PM for dine-in or to-go meals.
CONTACT: 401- 433-0045; info@goodneighbors/org
ACCESSIBLE: Yes
IDENTIFICATION: ID or proof of address for the pantry; Everyone is welcome for the meal site.
HOW OFTEN CAN SOMEONE VISIT: 2x per month for the pantry; every day for hot meal; one meal per day per person for the community kitchen.
HOW TO SCHEDULE AN APPOINTMENT: No appointment is needed during pantry hours but you can call if you have an urgent food need outside of those hours, Please use the entrance on Dorr Ave.



Scan the QR code to visit the
East Bay Food Pantry
webpage.

NAME: East Bay Food Pantry & Thrift Shop
Location: 532 Wood St., Bristol, RI 02809
HOURS: Wednesdays 10AM-6:30PM for shopping, Fridays 10AM-3PM for *Fresh Food Friday* and *Food 4 Kids*.
CONTACT: 401-396-9490
ACCESSIBLE: yes
IDENTIFICATION: Photo ID for all household members or any birthdate confirmation for children under 18.
HOW OFTEN CAN SOMEONE VISIT: 2x per Month
HOW TO SCHEDULE AN APPOINTMENT: walk-in; please call if picking up an online order and/or receiving mobile pantry delivery.

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**EAST PROVIDENCE
BOYS AND GIRLS CLUB**



**EAST BAY COMMUNITY
ACTION PROGRAM'S WIC
INFORMATION**



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