


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Office of Healthy Aging</i></p>	<p>1 Turkey Vegetable Soup American Chop Suey Wheat Elbow Pasta Broccoli Spears Fresh Fruit Wheat Bread <i>(Sliced Chicken & Cheese on Wheat)</i></p>	<p>2 Beef Noodle Soup Roasted Airline Chicken Oven Roasted Potatoes Buttered Carrots Coffee Cake Multi Grain Bread <i>(Tuna on Multi Grain)</i></p>	<p>3 Broccoli & Cheese Soup Beef Wellington w/Ketchup Garlic Spinach Cookie Rye Bread <i>(Pastrami & Swiss on Rye)</i></p>	<p>4 Shrimp & Corn Bisque Florentine Fish Mashed Potatoes Baby Whole Carrots Sliced Peaches Oatmeal Bread <i>(Roast Beef & Cheese on Oatmeal)</i></p>
<p>7 Onion Soup Swedish Meatballs Buttered Noodles Green Beans Cookies Marble Bread <i>(Turkey Salad on Marble)</i></p>	<p>8 Venus de Milo Soup Kielbasa w/ mustard Boiled Potatoes 3-Bean Salad Diced Peaches Dinner Roll <i>(Meatballs on Grinder Roll)</i></p>	<p>9 Lentil Soup Roast Pork Loin w/Applesauce Mashed Sweet Potatoes Mixed Vegetables Fresh Fruit Rye Bread <i>(Italian Grinder)</i></p>	<p>10 Veteran's Lunch Beef Vegetable Soup Chicken Cordon Bleu w/Gravy Rice Pilaf Florentine Blend Vegetables Spumoni Wheat Bread <i>(Meatloaf on Wheat)</i></p>	<p>11</p> <p style="text-align: center;"><u>CLOSED</u> Veteran's Day</p>
<p>14 Chicken Soup French Meat Pie Seasoned Spinach Fresh Fruit 12 Grain Bread <i>(Bologna & Cheese on Multi Grain)</i></p>	<p>15 Escarole & Bean Soup Herb Roasted Grilled Chicken Garlic Mashed Potatoes Asparagus Tips Diced Pears Multi Grain Bread <i>(Tuna on Multi Grain)</i></p>	<p>16 100% OJ Cheese Omelet 2-Fruit Filled Pancakes w/Syrup Baked Tomato Half Greek Yogurt <i>(Turkey & Cheese on a Roll)</i></p>	<p>17 HAPPY BIRTHDAY Kale & Bean Soup Stuffed Peppers w/Sauce Seasoned Whole Wheat Ziti Winter Blend Vegetables Sliced Peaches Rye Bread <i>(Pastrami & Swiss on Rye)</i></p>	<p>18 Thanksgiving Lunch Italian Wedding Soup Roast Turkey w/Gravy Cornbread Stuffing Sliced Seasoned Carrots Pumpkin Pudding Dinner Roll Cranberry Sauce <i>(Seafood Salad on a Roll)</i></p>
<p>21 Beef Barley Soup Tuna Salad Tortellini Salad Beet & Onion Salad Fruit Cocktail Pumpernickel Bread <i>(Turkey & Swiss on Pumpernickel)</i></p>	<p>22 Vegetable Soup Chicken Cacciatore Seasoned Whole Wheat Pasta Broccoli Fresh Fruit Wheat Bread <i>(Salami & Provolone on Wheat)</i></p>	<p>23 Minestrone Soup Pot Roast w/Gravy Mashed Potatoes Mixed Vegetables Tapioca Pudding Marble Bread <i>(Italian Tuna on Marble)</i></p>	<p>24</p> 	<p>25</p> <p style="text-align: center;"><u>CLOSED</u></p>
<p>28 Tomato & Brown Rice Soup Shepherd's Pie Roasted Brussel Sprouts Sliced Peaches Multi Grain Bread <i>(Chicken Salad on Multi Grain)</i></p>	<p>29 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Angel Food Cake Wheat Dinner Roll <i>(Egg Salad on Wheat)</i></p>	<p>30 Red Chowder Stuffed Sole Red Bliss Mashed Potatoes Seasoned Zucchini Fresh Fruit Oatmeal Bread <i>(Ham Salad on Oatmeal)</i></p>	<p style="text-align: center;"><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens</i></p>	