



\$3.00 Suggested Donation

December Menu 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens</i></p>	<p><i>Funded in Part by the US Administration on Aging and the Office of Healthy Aging</i></p>		<p>1 Tomato Vegetable Soup BBQ Beef Mashed Potatoes Mixed Vegetables Fresh Fruit Rye Bread <i>(Salmon Salad on Rye)</i></p>	<p>2 100% Juice Broccoli & Cheese Quiche Turkey Sausage Tomato Half Greek Yogurt <i>(Turkey & Cheese on Wheat)</i></p>
<p>5 Lentil Soup Roast Pork w/Gravy Stuffing Capri Blend Vegetables Lemon Pudding Wheat Bread <i>(Shrimp Salad on Wheat)</i></p>	<p>6 Vegetable Barley Soup Meatloaf w/Mushroom Gravy Whipped Potatoes Roasted Brussel Sprouts Sliced Peaches Marble Bread <i>(Salami & Cheese on Marble)</i></p>	<p>7 Chicken Escarole Soup Veal w/Marinara Sauce Pesto Whole Grain Pasta Italian Blend Vegetables Fresh Fruit Pumpnickel Bread <i>(Bologna & Cheese on Pumpnickel)</i></p>	<p>8 Onion Soup w/Croutons Turkey Chili Corn Bread Broccoli Spears Mandarin Oranges Multi Grain Bread <i>(Meatloaf on Multi Grain)</i></p>	<p>9 Red Chowder Seafood Salad Baked Lays Chips Broccoli Slaw Ice Cream Dinner Roll <i>(Ham Salad on a Roll)</i></p>
<p>12 Chicken Vegetable Soup Beef Tips w/Mushroom Gravy Seasoned Noodles Asparagus Tips Fruit Cocktail Rye Bread <i>(Chicken Loaf & Cheese on Rye)</i></p>	<p>13 100% Juice Low Sodium Hot Dog w/Mustard Baked Beans Cole Slaw Greek Yogurt Multi Grain Bread <i>(Turkey & Cheese on Multi Grain)</i></p>	<p>14 Beef Noodle Soup Stuffed Chicken w/ Broccoli & Cheese w/Gravy Seasoned Sliced Potatoes Mixed Vegetables Apricot Half Wheat Bread <i>(Shrimp Salad on Wheat)</i></p>	<p>15 Happy Birthday Chicken Soup w/Anci de Pepe French Meat Pie w/Ketchup Seasoned Spinach Frosted Cupcake Oatmeal Bread <i>(Egg Salad on Oatmeal)</i></p>	<p>16 Christmas Dinner Pasta Fagioli Stuffed Chicken w/Gravy Red Bliss Mashed Potatoes Green Beans Almondine Coffee Cake Wheat Bread <i>(Seafood Salad on Wheat)</i></p>
<p>19 Split Pea Soup Baked Ham w/Pineapple Sweet Potatoes Winter Blend Vegetables Pudding Wheat Bread <i>(Tuna on Wheat)</i></p>	<p>20 100% Grape Juice Turkey Chili w/Cheese Corn Bread Tossed Salad w/Dressing Fruit Cocktail Rye Bread <i>(Corned Beef & Cheese on Rye)</i></p>	<p>21 Vegetable Soup Stuffed Cabbage w/Sauce Seasoned Brown Rice Mixed Vegetables Sliced Peaches Pumpnickel Bread <i>(Corned Beef & Swiss Pumpnickel)</i></p>	<p>22 Beef Barley Soup Roasted Airline Chicken Oven Roasted Potatoes Buttered Carrots Coffee Cake Wheat Bread <i>(Tuna on Wheat)</i></p>	<p>23 CLOSED Christmas Holiday</p> 
<p>26 White Chowder Baked Fish w/Crumb Topping Butternut Squash Green Beans Pudding Rye Bread <i>(Chicken Salad on Rye)</i></p>	<p>27 Butternut Squash Soup Chicken Marsala Seasoned Brown Rice Broccoli Cuts Diced Pears Multi Grain Bread <i>(Honey Ham & Cheese on Multi Grain)</i></p>	<p>28 Venus de Milo Soup Italian Sausage Seasoned Ziti Ratatouille Fruit Cocktail Wheat Bread <i>(Tuna on Wheat)</i></p>	<p>29 Broccoli & Cheese Soup Beef Wellington w/Ketchup Garlic Spinach Sliced Peaches Oatmeal Bread <i>(Pastrami & Swiss on Oatmeal)</i></p>	<p>30 Red Chowder Florentine Fish w/Tartar Baked Potato Mixed Vegetables Marble Bread Hoodsie Cup <i>(Ham & Cheese on Marble)</i></p>

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