


\$3.00 Suggested Donation

June 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Split Pea Soup Corned Beef w/ mustard Boiled Seasoned Potato Carrot and Cabbage Blend Veg Lorna Doones Rye Bread Corned beef and Swiss w/ mustard on rye</p>	<p>2 Venus de Milo Soup BBQ Beef Cut Corn Cole Slaw Pudding Corn Bread BBQ Beef on a Roll</p>	<p>3 Red Chowder Seafood Salad 3 bean salad Tri Colored Pasta w/Vinaigrette Fresh Fruit Wheat Dinner Roll Seafood Salad on Wheat</p>
<p>6 Pasta and Bean Soup Entrée Salad Grilled Chicken w/ Strawberry's / Almonds Tomato on Spinach/Iceberg Mix Italian Dressing Sliced Peaches Multi grain bread Grilled Chicken on Multi Grain</p>	<p>7 Vegetable Soup Italian Sausage w/ mustard Pesto Tortellini Peppers & Onions Sponge Cake Sliced Italian Bread Italian Sausage w/ mustard on roll</p>	<p>8 Lentil Soup Swedish Meatballs Noodles Green Beans Fresh Fruit Country White bread Meatball Grinder Sandwich</p>	<p>9 Tomato & Brown Rice Soup Pork Loin w/ Gravy Mashed Potatoes Seasoned Spinach Shortbread Cookie Garlic Roll Pork sandwich on roll</p>	<p>10 Clear Chowder Beer Battered Fish w/Tartar Sauce Lyonnaise Potatoes Broccoli Spears Fresh Fruit 12-Grain Bread Fish Sandwich w/ tartar sauce on 12 Grain Bread</p>
<p>13 Beef Noodle Soup Herb Roasted Grilled Chicken Au Gratin Potatoes Normandy Blend Vegetables Fruit cup Rye Bread Herb roasted grilled chicken on rye</p>	<p>14 Flag Day RED Chowder Chicken Cordon Bleu w/Gravy WHITE Rice Broccoli Cuts BLUE berry Coffee Cake Marble Bread Chicken Salad on Marble</p>	<p>15 Lentil Soup Stuffed Peppers w/Sauce Roasted Potatoes Scandinavian Blend Vegetables Fresh Fruit Dinner Roll Roast beef w/ mayo on Roll</p>	<p>16 HAPPY BIRTHDAY  Chicken Escarole Soup French Meat Pie Seasoned Diced Potatoes Broccoli Frosted Cupcake Oat Nut Bread (Egg Salad on Oat Nut Bread)</p>	<p>17 Father's Day Luncheon Italian Wedding Soup Pot Roast w/Gravy Red Bliss Mashed Potatoes Green Beans Almondine Mandarin Oranges Wheat Roll (Pot Roast on Wheat)</p>
<p>20 OFF JUNETEENTH</p>	<p>21 First day of Summer Lemonade Low Sodium Hot Dog w/ mustard Baked Beans Carrot and Raisin Slaw Sports Bar Wheat dinner roll Hot Dog w/ mustard on a roll</p>	<p>22 Cream of Broccoli Soup Baked Ham w/Pineapple Slice Sweet Potatoes Roasted Vegetables Pudding Rye Bread Ham and cheese w/ mustard on Rye</p>	<p>23 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Seasonal Fruit Oatmeal Bread Seafood Salad on Oatmeal</p>	<p>24 Minestrone Soup Roast Turkey w/Gravy Corn Bread Stuffing Baby Whole Carrots Cookie Wheat Bread Turkey and cheese on wheat</p>
<p>27 Chicken Soup Veal w/Tomato Sauce Seasoned Whole Grain Pasta Italian Blend Vegetables Sliced Peaches Multi Grain Bread (Bologna & Cheese on Multi Grain)</p>	<p>28 Vegetable Soup Fried Steak w/Gravy Wild Rice Cauliflower Brownie Wheat Bread Fried Steak on wheat</p>	<p>29 100% Orange Juice Spanish Omelet Crispy Cube Potatoes Tomato Half Croissant Greek Yogurt Egg and cheese on Croissant</p>	<p>30 Tomato Vegetable Soup Chicken Marsala Mashed Potato Summer Squash Fruit Cocktail Pumpernickel bread Grilled Chicken on Pumpernickel</p>	<p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.</i></p> <p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Office of Healthy Aging</i></p>