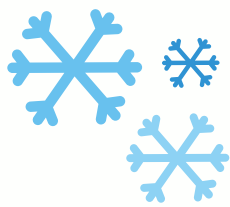


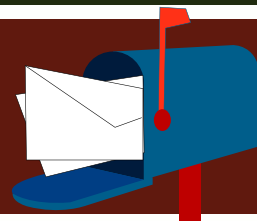
December 2022



# WARREN HEALTH EQUITY ZONE NEWSLETTER



## Community Connection



**The Warren HEZ is incredibly excited to present our first official newsletter! Read below to hear from the Warren HEZ Project Director, Kristin Read, about some of her fond memories of Warren.**

"My memories of the holidays have always centered on Warren. As a child I looked forward to longer visits with friends and family, and special trips to Burr's Hill for sledding. And when I was an adult, it wasn't a trip home unless I ate wieners, fried clams and sipped a coffee cabinet (never all at once!). Streets in town sparkled with lights and annual events like Warren's *Walkabout* and *Holiday Festival* brought everyone out and walking around our downtown area. It felt like good luck to grow up here, but now I know that volunteers, staff, town workers and neighbors, all with friendly smiles-can make anything possible."

**-Kristin Read, Warren HEZ Project Director**

*\*Ask us how you can share your story in a future issue!*



## What is a Health Equity Zone?

A community collaborative focused on promoting excellent health and wellness for all who play, learn, live and work in Warren. There are 15 Health Equity Zones in Rhode Island.

**[LEARN MORE HERE](https://health.ri.gov)** or visit **<https://health.ri.gov>**



THE BRIDGE TO SELF-RELIANCE

Health Equity Zones are an initiative of the Rhode Island Department of Health. East Bay Community Action Program is the backbone agency for the Warren, Bristol and East Providence Health Equity Zones.

# WARREN HEZ NEWS

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## MEET US IN THE COMMUNITY

Warren HEZ is proud to announce our upcoming collaborations with community partners and opportunities for you to come meet us!

- **Warren HEZ Community Conversation on Dec 8th at 6pm** at the Historic Warren Armory Hall, 11 Jefferson St., Warren, RI
- **Meet Your Maker Market on Dec 14th 5pm to 8pm** at Hope and Main, 691 Main St., Warren, RI
- **Family Navigator Outreach:** at George Hail Library on Thursdays 10:00AM-12 Noon and at Roger Free Library on Tuesdays 9:30AM-12 Noon.

Expecting caregivers and families with young children, be on the lookout for a series of upcoming trainings on ***Autism 101, Sensory Storytime, Mothers and Babies, and Transition to Kindergarten!***



## Brrr...It's cold outside

You can apply for Heating Assistance (LIHEAP) at East Bay Community Action Program! [Click here for more info](http://www.ebcap.org/programs/heating-and-energy/) or visit [www.ebcap.org/programs/heating-and-energy/](http://www.ebcap.org/programs/heating-and-energy/)

WARREN HEALTH EQUITY ZONE  
PRESENTS

## WARREN HEZ COMMUNITY CONVERSATION

Please join our collaborative gathering and discover how HEZ and residents, partner to build healthy places for everyone to live, learn, work and play. We will share and discuss data and information collected, from residents and agencies during last year's community assessment.

DECEMBER 8TH, 2022

6:00-7:00 PM

HISTORIC WARREN ARMORY HALL, 11 JEFFERSON ST

*The conversation is open to the public. There will be snacks and pizza, a children's activity table, and a gift card drawing!*

For questions, please contact: [warrenhez@ebcap.org](mailto:warrenhez@ebcap.org)

# WARREN HEZ NEWS

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RWU's Brain Club, supports Drug Give Back Day at Warren's Prevention Coalition 10.29.22

## UPDATES AND SUCCESS STORIES

### WARREN EXPLORES FOOD PRIORITY

How can a Warren HEZ collaborative support existing food networks to improve access to the healthy, affordable food everyone needs? This question was discussed over two days in November with key stakeholders from: food pantries, schools, fire dept. and Town officials, RWU, Hope and Main, East Bay Chamber of Commerce, RIDOH and EBCAP.

New connections were formed, and we left with potential next steps—Help build communication tools that identify free food in the area, encourage increased enrollment in school lunch programs, and include more resident voices in a future Warren HEZ Food Access work group.

### IN 4 MONTHS, WE

#### DISTRIBUTED

2,753

MASKS

827 self-test  
kits!



\*COVID-19 outreach  
funded by Rhode Island  
Department of Health



### JOIN US!

Warren Health Equity Zone and EBCAP have open position. Click on Careers/Internships at [www.ebcap.org](http://www.ebcap.org). \$500 signing bonus...Come join our team!



### AVAILABLE POSITIONS

#### Community Health Worker | 24-29 hours per week

Support residents and the work of HEZ by providing outreach at community gathering spaces and events, supporting food deliveries, distributing resources and helping create trusting relationships with community members and partners. **REQUIRED:** High school Diploma, nights and weekends available, must be fully vaccinated and have access to a car.

#### Finance Administrative Assistant | 20-25 hours per week

Be important behind the scenes by providing finance and accounting assistance for the Bristol, Warren and East Providence HEZ and EBCAP Finance Department. The successful candidate will demonstrate knowledge of office management systems and finance procedures. **REQUIRED:** Associates Degree in Accounting, Finance (or equivalent experience), must be able to work in office and remotely, must be fully vaccinated.

### WANT TO JOIN OUR MAILING LIST?

Email Warren HEZ at  
[warrenhez@ebcap.org](mailto:warrenhez@ebcap.org)



### FOLLOW US!



@warrenhez



[Warren Health Equity Zone](#)



# WARREN HEZ NEWS

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## UPDATES AND SUCCESS STORIES (CONTINUED)

### Parent & Caregiver Workshops

The Warren and Bristol HEZs have partnered with *The Autism Project* to host a series of parenting workshops geared towards families with young children. We promoted the Fall ZOOM workshops focused on supporting all children to learn how to self-regulate, use visual supports in the classroom and at home, and introduced characteristics associated with autism spectrum disorder. Fifteen caregivers attended, and all participants from Bristol/Warren received a \$25 gift card.

Keep a lookout for information about the next series and Sensory Storytime at your local library.



FREE WORKSHOPS FOR PARENTS & CAREGIVERS!

\*October 27th\*  
**Autism  
Thinking**

\*November 2nd\*  
**Visual  
Supports  
in Practice**

\*November 16th\*  
**Supporting  
Self-  
Regulation**

### Thanksgiving Turkey Deliveries

On November 17th, *Blue Cross Blue Shield of Rhode Island* delivered 400 turkeys to EBCAP to be shared with community members across the East Bay.

In Warren, 30 turkeys were distributed to local families and Housing Voucher recipients, through our partners at *Hope & Main* and *Warren Housing Authority*. *Bristol Warren Regional School District* passed out delicious 'homework' as well!



***Do you know a community member who needs help?***

Visit East Bay Community Action Program & Warren HEZ : [www.ebcap.org](http://www.ebcap.org)

### Contact Us

Location: Mary V Quirk Community Center, 710 Main Street, Warren, RI 02885

Email: [warrenhez@ebcap.org](mailto:warrenhez@ebcap.org) | Phone number: (401) 847-7821 ext. 1635



## MEET NATALIE!

Natalie is a shared Family Navigator who works for both Warren and Bristol Health Equity Zones. A Family Navigator's role within the HEZ is focused on assisting young and expecting families in the local community.



Family Navigator, Warren & Bristol

To contact, please email  
[nchasse@ebcap.org](mailto:nchasse@ebcap.org)

### Benefits Navigation:

- Food (SNAP & WIC), housing, water, and heating assistance
- Medical, dental, mental health, substance & recovery services
- Prenatal and postpartum support
- Childcare, Family Visiting, referrals

### Promoting Maternal and Early Childhood programming:

- Interactive, Sensory Storytime
- Kindergarten Readiness programs
- Mothers and Babies