

\$3.00 Suggested Donation

November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Noodle Soup Kielbasa w/mustard Boiled Potato's Carrot and Cabbage Blend Brownie Rye Bread Kielbasa on Roll w/mustard	2 Vegetable Soup BBQ Chicken Breast Baked Beans Cole Slaw Sliced Peaches Multi Grain Bread BBQ Chicken on Multi Grain	3 Kale and Bean Soup Meatballs w/ Marinara Sauce Seasoned Pasta Roasted Peppers and Onions Fruit Cup Italian Bread Meatball Grinder on Roll	4 Clear Chowder Country Crisp Fish w/ tartar sauce Wild Rice Mixed Vegetables Graham Crackers Dinner Roll Country Crisp Fish on Roll w/ tartar sauce	5 Onion Soup Meatloaf w/ Brown Gravy Baked Potato w/ Sour Cream Scandinavian Blend Veg. Fresh Fruit Hearty County White Bread Meatloaf Sandwich w/ Ketchup on White Bread
8 Turkey Vegetable Soup Chicken Marsala Mashed Potato Mixed Vegetable Granola Bar Wheat Dinner Roll Chicken Sandwich w/mayo on Wheat	9 Minestrone Soup Roast Beef w/ Brown Gravy Oven Roasted Potato's Italian Blend Vegetables Fresh Fruit Marble Bread Roast Beef w/ Mayo on Marble	10 Chili Soup Veggie Burger Au Gratin Potato's Winter Blend Vegetable Peaches Oatmeal Bread Veggie Burger on Oatmeal	11 <u>CLOSED</u> Veterans Day	12 Corn Chowder Seafood Salad Tortellini Salad Carrot Claw Fig Bar Multi Grain Bread Seafood Salad on Multi Grain
15 Egg Drop Soup Pork Loin w/ gravy Mashed Potato Mixed Vegetable Granola Bar Pumpernickel Bread Pork Sandwich on Pumpernickel w/ Barbecue sauce	16 Escarole and Bean Soup Italian Style Chicken Cutlet Rice Pilaf Broccoli Florettes Mixed Fruit Italian Bread Chicken Cutlet on Italian w/mayo	17 Tomato and Rice Soup Low Sodium Hot Dog w/ mustard Baked Beans Broccoli Slaw Fresh Fruit Wheat dinner roll Low Sodium Hot Dog on a Roll w/ mustard	18 100% Juice Grilled Chicken Tossed Salad w/Italian Dressing Pita Bread Lorna Doone Cookie Grilled Chicken on Roll w/ mayo	19 Italian Wedding Soup Roast Turkey w/ gravy and cranberry Sauce Cornbread Stuffing Baby Whole Carrots Pie Dinner roll Turkey/stuffing and cranberry on a Bulky Roll
22 Vegetable Soup Swedish Meatballs Buttered Noodles Sliced Carrots Pudding Wheat Bread Meatball grinder on Roll	23 Lentil Soup Roasted Rotisserie Chicken Scalloped Potato Green Beans Cookies Oatmeal bread Grilled Chicken Sandwich on Oatmeal bread w/mayo	24 Red Chowder Crab Cake w/ tartar sauce Potato Salad Cole Slaw Fresh Fruit Wheat Dinner Roll Crab Cake w/ tarter sauce on a Wheat Hamb Roll	25 <u>CLOSED</u> Thanksgiving Day	26 <u>CLOSED</u> Thanksgiving Holiday
29 Split Pea Soup Baked Ham w/ pineapple slice Sweet Potato's Roasted Brussel Sprouts Peaches Rye Bread Sliced Ham on Rye w /mustard	30 Venus Di Milo Soup Pot Roast w/ gravy Garlic Mashed Potato Mixed Vegetables Fresh Fruit Dinner Roll Pot Roast on a Bulky w/mayo	MENU ITEMS ARE SUBJECT TO CHANGE All SANDWICHES COME WITH JUICE CHIPS DESSERT MILK	<i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i>	<i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens</i>