

\$3.00 Suggested Donation

October 2020

Menu Items are subject to change due to being unavailable to obtain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>All menu items may contain nuts, seeds, beans, wheat bran, eggs, and other allergens</i>	<i>Funded in part by the US Administration on Aging and state funds by the Rhode Island Office of Healthy Aging</i>		1 Juice Corned Beef & Swiss w/Mustard on Rye Chips Pudding Milk	2 Juice Seafood Salad on Bulky Roll Chips Fresh Fruit Milk
5 Juice Turkey Salad on Multi Grain Pretzels Lorna Doones Milk	6 Juice Honey Ham & Cheese on Marble w/Mustard Corn Chips Fresh Fruit Milk	7 Juice Chicken Salad on Pumpernickel Chips Pudding Milk	8 Juice Meatballs w/Marinara Sauce on Grinder Roll Multi Grain Chips Fresh Fruit Milk	9 Juice Tuna Salad Wheat Roll Chips Fruit Cup Milk
12 CLOSED Columbus Day	13 Juice Roasted Chicken Loaf on Bulky Roll w/Mayo Chips Fig Bar Milk	14 Juice Shrimp Salad on Pita Chips Fresh Fruit Milk	15 Juice Salami & Cheese w/Mustard on Wheat Chips Pudding Milk	16 Juice Roasted Beef & Cheese on Multi Grain w/Mayo Chips Fruit Cup Milk
19 Juice Chicken Salad on Oatmeal Bread Chips Fresh Fruit Milk	20 Juice Baked Ham & Cheese on 9-Grain w/Mustard Pretzels Pudding Milk	21 Juice Seafood Salad on Bulky Roll Chips Fresh Fruit Milk	22 Juice Turkey & Cheese on Multi Grain w/Mayo Chips Fruit Cup Milk	23 Juice Italian Tuna on Oat Nut Chips Cookies Milk
26 Juice Low Sodium Hot Dog on a Roll w/Mustard Chips Fruit Milk	27 Juice Grilled Chicken on a Bulky Roll Chips Granola Bar Milk	28 Juice Tuna Salad on 9-Grain Chips Fresh Fruit Milk	29 Juice Corned Beef & Swiss w/Mustard on Pumpernickel Chips Pudding Milk	30 Juice Egg Salad on a Croissant Chips Cookies Milk