


\$3.00 Suggested Donation

February 2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <p><i>Funded in part by the US administration on aging and state funds by the RI OHA</i></p> | <p><u>February Salad Option</u></p> <p>Ham -Hard Boiled Egg Tomato-Cheese Lettuce-Ranch Dressing</p> <p>Begins Monday February 3</p> | <p>Thank you for your donations. Your donations help keep the Program going.</p> <p>All menu items may contain nuts, seeds, beans, wheat bran + other allergens.</p> | | |
| <p>3 100% Juice Scrambled Eggs Sausage Patty Stuffed Pancake w/Syrup Tomato Slice Fruit Cocktail</p> <p><i>(Fish Sand. on Roll)</i></p> | <p>4 Vegetable Soup Chicken Cordon Bleu w/Gravy O'Brien Potatoes Winter Blend Vegetables Wheat Bread Fresh Fruit</p> <p><i>(Turkey and Cheese on Wheat)</i></p> | <p>5 Low Sodium V8 Beef Stroganoff Mashed Potatoes Mixed Vegetables Wheat Roll Lemon Pudding</p> <p><i>(Pulled Pork on a Roll)</i></p> | <p>6 Chicken Escarole Soup Tuna Noodle Casserole Spinach Rye Bread Chocolate Chip Cookie</p> <p><i>(Chicken Salad on Rye)</i></p> | <p>7 Tomato & Brown Rice Soup French Meat Pie w/Ketchup Brussel Sprouts Wheat Bread Diced Peaches</p> <p><i>(Egg Salad on Wheat)</i></p> |
| <p>10 Split Pea Soup Baked Ham w/Pineapple Sweet Potatoes Mixed Vegetables Rye Bread Butterscotch Pudding</p> <p><i>(Italian Tuna on Rye)</i></p> | <p>11 Pasta and Bean Soup Baked Fish w/ crumb topping Oven Roasted Potato Green Beans Marble Bread Coffee Cake</p> <p><i>(Chicken Salad with Cranberry and Walnuts on Marble)</i></p> | <p>12 Chicken & Brown Rice Soup Shepherd Pie Sautéed Spinach Wheat Fresh Fruit</p> <p><i>(Seafood Salad on Wheat)</i></p> | <p>13 Barley Veg. Soup Roasted Chicken Quarter Seasoned Whole Wheat Pasta Capri Blend Vegetables Pudding Pumpernickel Bread</p> <p><i>(Honey Ham & Cheese on Pumpernickel)</i></p> | <p>14 Minestrone Soup Yankee Pot Roast w/Gravy Parslied Potatoes Seasoned Zucchini Fruit Cocktail Oatmeal Bread</p> <p><i>(Eggplant Grinder)</i></p> |
| <p>17</p> <p><u>CLOSED</u> President's Day</p>  | <p>18 Cream of Spinach Soup Chicken Marsala Roasted Herb Potato Mixed Vegetables Dinner Roll Sliced Peaches</p> <p><i>(Meatball Sub)</i></p> | <p>19 Moroccan Lentil Soup Low Sodium Hot Dog Baked Beans Cole Slaw Wheat Bread Jello</p> <p><i>(Turkey and Swiss on Wheat)</i></p> | <p>20 <u>Birthday Celebration</u> Venus de Milo Soup Swedish Meatballs Buttered Noodles Sliced Carrots Multi Grain Bread Cupcake</p> <p><i>(Tuna Salad on Multi Grain)</i></p> | <p>21 Red Chowder Seafood Casserole Rice Pilaf Broccoli Cuts Wheat Bread Fresh Fruit</p> <p><i>(Italian Grinder)</i></p> |
| <p>24 Beef Barley Soup Meatloaf w/Gravy Baked Potato w/Sour Cream Mixed Vegetables Rye Bread Chocolate Pudding</p> <p><i>(Honey Ham & Cheese on Rye)</i></p> | <p>25 Potato & Leek Soup Oven Roasted Turkey w/Gravy Stuffing Normandy Blend Vegetables Pumpernickel Bread Ice Cream</p> <p><i>(Corned Beef on Pumpernickel)</i></p> | <p>26 Chicken Soup Meatballs w/Sauce Seasoned Wheat Ziti Broccoli Multi Grain Bread Pears</p> <p><i>(Ham Salad on Multi-Grain)</i></p> | <p>27 Italian Wedding Soup Roasted Pork Loin Oven Roasted Potatoes California Blend Vegetables Wheat Bread Fresh Fruit</p> <p><i>(Salmon Salad on Wheat)</i></p> | <p>28 Cream of Broccoli Soup Grilled Chicken Mashed Potatoes Winter Blend Vegetables Rye Bread Brownie</p> <p><i>(Corned Beef & Swiss on Rye)</i></p> |