


\$3.00 Suggested Donation

January 2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| <p>Salad of the Month</p> <p>Tuna-Olives Croutons-Tomato Lettuce Italian Dressing Begins Monday January 6</p> | <p><i>“Funded in part by the US Administration on Aging and state funds through the RI Office of Healthy Aging”</i></p> <p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.</i></p> | <p>1</p> <p>CLOSED New Year’s Day</p> | <p>2 Lentil Soup Italian Sausage Tortellini Peppers and Onions Garlic Roll Mandarin Oranges</p> <p><i>(Grilled Chicken on Roll)</i></p> | <p>3 Minestrone Soup Shepherds Pie Roasted Brussels Sprouts Wheat Roll Jello</p> <p><i>(Seafood Salad on Wheat)</i></p> |
| <p>6 Barley Soup Veal w/Mushroom Gravy Mashed Potatoes Spinach Multi Grain Ice Cream</p> <p><i>(Chicken Salad on Multi Grain)</i></p> | <p>7 Chicken Vegetable Soup Pork Loin w/Applesauce Brown Rice Winter Blend Veg. Rye Bread Sliced Peaches</p> <p><i>(Egg Salad on Rye)</i></p> | <p>8 Italian Wedding Soup Meatballs w/Sauce Pesto Pasta Italian Blend Vegetables Italian Bread Fresh Fruit</p> <p><i>(Turkey Salad on Italian)</i></p> | <p>9 Tomato Basil Soup Roast Turkey w/Gravy Corn Bread Stuffing California Blend Vegetables Marble Bread Fruit Bar</p> <p><i>(Pastrami & Swiss on Marble)</i></p> | <p>10 Onion Soup Hot Dog Mac and Cheese Green Beans Multi Grain Apricots</p> <p><i>(Meatball Sub)</i></p> |
| <p>13 Split Pea Soup Sweet and Sour Pork Rice Asian Blend Vegetables Rye Bread Cookie</p> <p><i>(Tuna on Rye)</i></p> | <p>14 100% Cranberry Juice Beef Stroganoff Whole Grain Noodles Sliced Carrots Marble Bread Fresh Fruit</p> <p><i>(Turkey & Cheese on Marble)</i></p> | <p>15 Tomato & Brown Rice Soup Chicken w/ Lemon Sauce Oven Roasted Potatoes Mixed Vegetables Whole Wheat Bread Pudding</p> <p><i>(Meatloaf on Whole Wheat Bread)</i></p> | <p>16 HAPPY BIRTHDAY Chicken Escarole Soup French Meat Pie w/Ketchup</p>  <p>Asparagus Cuts Pumpnickel Bread Frosted Cupcakes</p> <p><i>(Ham Salad on Pumpnickel)</i></p> | <p>17 Clear Chowder Potato Crunch Fish w/Tartar Sauce Au Gratin Potatoes 3-Bean Salad Wheat Bread Sliced Pears</p> <p><i>(Roast Beef & Cheese on Wheat)</i></p> |
| <p>20</p> <p>CLOSED Martin Luther King, Jr. Day</p> | <p>21 Vegetable Soup Chicken Cordon Bleu Lyonnaise Potatoes Roasted Zucchini Rye Bread Fruit Cocktail</p> <p><i>(Corned Beef & Swiss on a Rye)</i></p> | <p>22 Pasta & Bean Soup Salisbury Steak w/ Gravy Brown Rice Baby Carrots Wheat Bread Pudding</p> <p><i>(Turkey & Cheese on Wheat)</i></p> | <p>23 Lentil Soup Eggplant w/Marinara Sauce Seasoned Whole Grain Ziti Italian Blend Vegetables Italian Bread Yogurt</p> <p><i>(Salami w/Provolone on Italian)</i></p> | <p>24 Red Chowder Seafood Salad Chic Pea Salad Cole Slaw Multi Grain Bread Fresh Fruit</p> <p><i>(Chicken Salad on Multi Grain)</i></p> |
| <p>27 Vegetable Soup Italian Style Chicken Cutlet Wild Rice Stewed Tomatoes Oatmeal Bread Diced Peaches</p> <p><i>(Seafood Salad on Oatmeal)</i></p> | <p>28 Kale & Bean Soup American Chop Suey Whole Wheat Elbow Pasta Broccoli Cuts Rye Bread Pudding</p> <p><i>(Ham Salad on Rye)</i></p> | <p>29 Beef Noodle Soup Herb Roasted Grilled Chicken Rice Pilaf Brussel Sprouts Oatmeal Bread Ice Cream</p> <p><i>(Seafood Salad on Oatmeal)</i></p> | <p>30 Chicken Escarole Soup Meatloaf w/ Gravy Whipped Potatoes Baby Whole Carrots Rye Bread Applesauce</p> <p><i>(Tuna on Rye)</i></p> | <p>31 Lemonade Turkey Chili Corn Bread Carrot Slaw Wheat Bread Coffee Cake</p> <p><i>(Hot Dog on Bun)</i></p> |