

**\$3.00 Suggested Donation**

# October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Vegetable Beef Soup <b>Chicken Cordon Bleu/Gravy</b> Mashed Potato Green Beans Fresh Fruit Rye Bread  <i>(Tuna on Rye)</i>	<b>2</b> Chicken Soup /Anci di Pepe <b>American Chop Suey</b> Elbow Pasta Italian Blend Vegetable Ice Cream Wheat Bread  <i>(Ham Salad on Wheat)</i>	<b>3</b> Tomato/ Brown Rice Soup <b>French Meat Pie</b> Seasoned Spinach Apple Oatmeal Bar Pumpernickel Bread  <i>(Turkey and Cheese on Pum- pernickel )</i>	<b>4</b> Clear Chowder <b>Beer Battered Fish</b> O'Brien Potato 3 Bean Salad Fruit Cocktail Wheat Bread  <i>(Hot Dog on a Roll)</i>
<b>7</b> Onion Soup w/ Croutons <b>Meatloaf w/ Gravy</b> Mashed Potato Mixed Vegetables Pudding Oatmeal Bread  <i>(Chicken Salad on Oatmeal)</i>	<b>8</b> Chicken Soup <b>BBQ Pork Loin</b> Baked Potato/Sour Cream Asparagus Cuts Mandarin Oranges Multi Grain Bread  <i>(Fish Sandwich on Multi Grain)</i>	<b>9</b> Lentil Soup <b>Swedish Meatballs</b> Noodles Sliced Carrots Sponge Cake Italian Bread  <i>(Egg Salad on Italian)</i>	<b>10</b> 100% Orange Juice <b>Scrambled Eggs/tomato slice</b> Ham Baked Beans Fruit Cocktail  <i>(Italian Tuna on Wheat w/ Side Salad )</i>	<b>11</b> Seafood Chowder <b>Chicken Marsala</b> Red Bliss Mashed Potatoes Green Beans Almondine Fresh Fruit Marble Bread  <i>(Bologna/Cheese on Marble)</i>
<b>14</b>  <b><u>CLOSED</u></b> <b><i>Columbus Day</i></b>	<b>15</b> Chicken Escarole Soup <b>Italian Style Chicken Cutlet</b> Pesto Pasta Broccoli Cuts Shortbread Cookie Oatmeal Bread  <i>(Ham and Cheese on Oatmeal)</i>	<b>16</b> Barley Soup <b>Florentine Fish</b> Rice Pilaf Baby Whole Carrots Diced Pears Whole Grain Bread  <i>(Turkey Salad on Whole Grain)</i>	<b>17</b> <b><u>Happy Birthday</u></b> Pasta and Bean Soup <b>Beef Wellington</b> Garlic Spinach Frosted Cupcake Whole Wheat Bread  <i>(Seafood Salad/Whole Wheat)</i>	<b>18</b> 100% Apple Juice <b>Turkey Chili w/ Cheese</b> Corn Bread Green Beans Lemon Pudding Rye Bread  <i>(Hamburger on Wheat Roll)</i>
<b>21</b> Tomato Basil Soup <b>Sweet &amp; Sour Pork Loin</b> Wild Rice Capri Blend Vegetables Chocolate Chip Cookies 9-Grain Bread  <i>(Turkey &amp; Cheese on 9-Grain)</i>	<b>22</b> Cream of Broccoli Soup <b>Shepherds Pie</b> Asparagus Cuts Fresh Fruit Wheat Bread  <i>(Shrimp Salad on Wheat)</i>	<b>23</b> Turkey Vegetable Soup <b>BBQ Chicken Leg</b> Baked Beans Tomato Cucumber Salad Tapioca Pudding Rye Bread  <i>(Salami &amp; Cheese on Rye)</i>	<b>24</b> Vegetable Soup <b>Fried Steak/Country Gravy</b> O'Brien Potatoes Mixed Vegetables Fruit Cocktail Marble Bread  <i>(Corned Beef /Swiss &amp; Cheese on Marble)</i>	<b>25</b> Red Chowder <b>Stuffed Sole</b> Mashed Potatoes Broccoli Diced Pears Dinner Roll  <i>(Italian Grinder)</i>
<b>28</b> Turkey and Rice Soup <b>Chicken Cacciatore</b> Seasoned Tortellini Winter Blend Vegetable Ice Cream Sandwich Multi Grain Bread  <i>(Honey Ham /Cheese Multi Grain)</i>	<b>29</b> Lentil Soup <b>Italian Sausage</b> Sliced Potatoes Peppers and Onions Cookies 9 Grain Bread  <i>(Slice Chicken on 9 Grain)</i>	<b>30</b> Chicken Escarole Soup <b>Airline Chicken</b> Chuck Wagon Corn Roasted Zucchini Sliced Peaches Rye Bread  <i>(Roast Beef /Cheese on Rye)</i>	<b>31</b> Goblin Chicken Soup <b>Raven's Beef w/Mushrooms &amp; Onions in Wine Sauce</b> Mummy's Noodles Mixed Vegetables Monster Mandarin Oranges Dinner Roll  <i>(Scary Seafood Salad on Roll)</i>	<b><u>Salad of the Month</u></b> Sliced Chicken Hard Boiled Egg Cubed Cheese-Tomatoes Lettuce Mix Ranch Dressing Monday Oct. 7 Start Date