

\$3.00 Suggested Donation

May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p> <p><i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i></p>	<p><u>Salad for the Month</u> Grilled Chicken-Cucumber Mandarin Oranges Crispy Noodles Lettuce Bed-Asian Dressing Begins Monday May 6</p>	<p>1 <u>May Breakfast</u> 100% Orange Juice Scrambled Eggs w/Sliced Tomato Baked Virginia Ham French Toast w/syrup Greek Yogurt <i>(Chicken Salad on Wheat w/side salad)</i></p>	<p>2 Chicken Escarole Soup Beef Stroganoff Buttered Noodles California Blend Vegetables Cookie Marble Bread <i>(Salami & Provolone on Marble)</i></p>	<p>3 Red Chowder Baked Fish w/Crumb Topping Roasted Potatoes Green Beans Oatmeal Bread Sliced Peaches <i>(Honey Ham & Cheese on Oatmeal)</i></p>
<p>6 100% Juice Turkey Chili w/ Cheese Cornbread Seasoned Broccoli Spears Fruit Cocktail Wheat Bread <i>(Italian Tuna on Wheat)</i></p>	<p>7 Turkey Rice Soup Fried Steak w/Country Gravy Mashed Potatoes Seasoned Spinach Fresh Fruit Pumpnickel Bread <i>(Ham Salad on Pumpnickel)</i></p>	<p>8 Split Pea Soup Baked Ham w/Pineapple Slice Sweet Potatoes Roasted Cauliflower Angel Food Cake Multi Grain Bread <i>(Chicken Loaf on Multi Grain)</i></p>	<p>9 Chicken Noodle Soup Knockwurst w/Mustard Boiled Potatoes Mixed Vegetable Butterscotch Pudding Italian Bread <i>(Mozzarella & Tomato on Italian)</i></p>	<p>10 <u>Mother's Day Luncheon</u> Onion Soup w/Croutons Baked Chicken Quarter Red Bliss Mashed Potatoes Capri Blend Vegetables Wheat Bread Coffee Cake <i>(Tuna on Wheat)</i></p>
<p>13 Lentil Soup Meatballs in Sauce Seasoned Pasta Green Beans Sliced Pears Dinner Roll <i>(Egg Salad on a Roll)</i></p>	<p>14 Tomato Brown Rice Soup Veal w/Mushroom Gravy Oven Roasted Potatoes Sliced Carrots Lemon Pudding Rye Bread <i>(Chicken Salad on Rye)</i></p>	<p>15 Clear Chowder Tuna Salad Italian Style Pasta Salad Cole Slaw Fig Newton Wrap <i>(Corned Beef on Marble)</i></p>	<p>16 <u>Birthday Celebration</u> Beef Vegetable Soup Chicken Cordon Bleu w/ Gravy Rice Pilaf Asparagus Tips Frosted Cupcake Wheat Bread <i>(Seafood Salad on Wheat)</i></p>	<p>17 Chicken Escarole Soup Florentine Fish Mashed Potatoes Mixed Vegetables Dinner Roll Fresh Fruit <i>(Burger on a Bun)</i></p>
<p>20 Vegetable Chowder Marinated Grilled Chicken Au Gratin Potatoes Roasted Brussels Sprouts Lorna Doones Rye Bread <i>(Bologna & Cheese on Rye)</i></p>	<p>21 Chicken Vegetable Soup Meatloaf w/Mushroom Gravy Mashed Sweet Potatoes Roasted Vegetables Fresh Fruit Multi Grain Bread <i>(Chicken Salad w/Cranberries & Walnuts on Multi Grain)</i></p>	<p>22 Mushroom Barley Soup Italian Sausage Pesto Tortellini Peppers & Onions Ice Cream Wheat Bread <i>(Turkey Salad on Wheat)</i></p>	<p>23 Cream of Spinach Soup Pub Burger Baked Beans Sliced Carrots Tropical Fruit Oatmeal Bread <i>(Ham Salad on Oatmeal)</i></p>	<p>24 <u>Memorial Day Luncheon</u> Veggie Soup Oven Roasted Airline Chicken Wild Rice Broccoli / Cauliflower Blend Cookie Pumpnickel Bread <i>(Italian Tuna on Pumpnickel)</i></p>
<p>27 <u>CLOSED</u> Memorial Day Observed</p>	<p>28 Barley Soup Low Sodium Hot Dog Macaroni & Cheese Broccoli Fruit Bar Dinner Roll <i>(Meatballs on Sub Roll)</i></p>	<p>29 Shrimp & Corn Chowder Italian Style Chicken Cutlet Red Bliss Cut Oven Potatoes Baked Tomato Half Fresh Fruit Italian Bread <i>(Turkey/Swiss on Italian)</i></p>	<p>30 Minestrone Soup Salisbury Steak w/ Gravy Mashed Potatoes California Blend Vegetable Diced Peaches Wheat Dinner Roll <i>(Shrimp Salad on Wheat Roll)</i></p>	<p>31 Red Chowder Country Crisp Fish w/Tartar Sauce O'Brien Potatoes Carrot Slaw Brownie Rye Bread <i>(Pastrami & Swiss on Rye)</i></p>