

\$3.00 Suggested Donation

August 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p>	<p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens</i></p>	<p>Salad Option for the Month Grilled Chicken, Crispy Noodles, Cucumber, Mandarin Oranges, Ice burg Lettuce, Sesame Dressing Beginning Monday, August 5, 2019</p>	<p>1 Beef Barley Soup Tuna Salad Summer Tortellini Salad Seasoned Beets & Onions Rye Bread Angel Food Cake <i>(Corned Beef on Rye)</i></p>	<p>2 Italian Wedding Soup Stuffed Sole Baked Potato Broccoli Multi Grain Bread Fruit Cocktail <i>(Chicken Salad on Multi Grain)</i></p>
<p>5 Turkey Noodle Soup Sliced BBQ Beef Oven Roasted Potatoes Mixed Vegetables Italian Bread Shortbread Cookie <i>(Tuna on Italian)</i></p>	<p>6 Chicken Soup Veal w/Tomato Sauce Pesto Pasta Italian Blend Vegetables Ice Cream Garlic Bread <i>(Hamburger on a Roll)</i></p>	<p>7 Tomato Vegetable Soup Chicken Marsala Rice Pilaf California Vegetables Wheat Bread Mandarin Oranges <i>(Shrimp Salad on Wheat)</i></p>	<p>8 Onion Soup Beef Stroganoff Noodles Green Beans Rye Bread Pudding <i>(Pastrami & Swiss on Rye)</i></p>	<p>9 White Chowder Baked Fish w/Crumb Topping Red Bliss Mashed Potato Roasted Zucchini Oat Nut Bread Fresh Fruit <i>(Egg Salad on Oat Nut Bread)</i></p>
<p>12 CLOSED VJ Day</p>	<p>13 100% Orange Juice Plain Omelet w/Tomato O'Brien Potatoes Sausage Patty Greek Yogurt <i>(Ham Salad on a Roll w/Side Salad)</i></p>	<p>14 Split Pea Soup Baked Ham w/Pineapple Sweet Potatoes Winter Blend Vegetables Pumpernickel Bread Fresh Fruit <i>(Turkey w/Cheese on Pumpernickel)</i></p>	<p>15 HAPPY BIRTHDAY Venus de Milo Soup French Meat Pie w/Ketchup Baby Whole Carrots Wheat Bread Frosted Cupcake <i>(Seafood Salad on Wheat)</i></p>	<p>16 Lemonade Marinated Grilled Chicken Pasta Salad Cole Slaw Dinner Roll Watermelon <i>(Hamburger on a Roll)</i></p>
<p>19 Beef Vegetable Soup Swedish Meatballs Seasoned Noodles Capri Blend Vegetables Oat Nut Bread Sliced Peaches <i>(Shrimp Salad on Oat Nut Bread)</i></p>	<p>20 Corn Chowder Beer Battered Fish w/Tartar Sauce Rice Pilaf Seasoned Sliced Carrots Rye Bread Cookies <i>(Honey Ham & Cheese on Rye)</i></p>	<p>21 Escarole & Bean Soup Pot Roast w/Gravy Sweet Mashed Potatoes Green Beans Roll Greek Yogurt <i>(Fish Sandwich on Roll)</i></p>	<p>22 Chicken Soup w/Anci de Pepe Lasagna Rollup w/Tomato Sauce Roasted Brussel Sprouts Italian Bread Pudding <i>(Italian Grinder)</i></p>	<p>23 Mayor's Picnic 100% Cranberry Juice Honey BBQ Boneless Chicken Buttered Corn Tomato & Cucumber Salad Wheat Bread Diced Pears <i>(Hot Dog on a Roll)</i></p>
<p>26 Turkey & Brown Rice Soup Veal w/Mushroom Gravy Mashed Potatoes Roasted Brussels Sprouts Marble Bread Sliced Peaches <i>(Chicken Salad on Marble)</i></p>	<p>27 Split Pea Soup Knockwurst w/Mustard Boiled Potatoes Mixed Vegetables Rye Bread Fresh Fruit <i>(Seafood Salad on Rye)</i></p>	<p>28 Vegetable Soup Swedish Meatballs Whole Grain Pasta Tossed Salad w/Dressing Multi Grain Bread Fruit Bar <i>(Ham & Cheese on Multi Grain)</i></p>	<p>29 Lentil Soup Chicken Cordon Bleu w/Gravy Mashed Potatoes Broccoli Cuts Oatmeal Bread Apricots <i>(Meatloaf on Oatmeal)</i></p>	<p>30 Red Chowder Florentine Fish O'Brien Potatoes Seasoned Sliced Carrots Wheat Roll Brownie <i>(Turkey & Cheese on Wheat)</i></p>