



January 2010

\$3.00 Suggested Donation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Menu Subject to change with approval by Nutrition Director.</p>		<p>24 hour notice for reservations & cancellations is appreciated.</p>	<p>1 <u>Happy New Year!</u></p> 
<p>4 Escarole & Bean Soup Pork Loin w/Gravy Oven Roasted Potatoes Green Beans Almondine Pineapple Chunks Wheat Bread <i>(Chicken Salad on Wheat)</i></p>	<p>5 Chicken Noodle Soup Pub Burger on Hamburger Roll w/condiments Pasta Salad Carrot & Raisin Slaw Sponge Cake with Topping <i>(Honey Ham & Cheese on a Roll)</i></p>	<p>6 Cream of Tomato Soup Chicken Cutlet w/Gravy Italian Blend Vegetables Whipped Potato Hoodsie Cup White Bread <i>(Egg Salad Sandwich on White)</i></p>	<p>7 Beef Broth w/Tomato & Orzo American Chop Suey w/Elbow Pasta Garlic Spinach Sliced Peaches Italian Bread <i>(Tuna Salad on Italian Bread)</i></p>	<p>8 Red Clam Chowder Country Crisp Fish Rice Pilaf Capri Blend Vegetables Vanilla Pudding w/whip cream Rye Bread <i>(Pastrami & Swiss on Rye)</i></p>
<p>11 Chicken Soup Italian Sausage Peppers & Onions Oven Roasted Sliced Potatoes Apricot Halves Grinder Roll <i>(Italian Tuna on Grinder Roll)</i></p>	<p>12 <u>Brunch</u> Orange Juice Cheese Omelet Hash Brown Potato Baked Ham Mini Corn Muffin Yogurt</p>	<p>13 Beef Vegetable Soup Roast Turkey w/Gravy Peas & Carrots Stuffing Apple Pie w/whip cream Wheat Bread <i>(Ham Salad on Wheat)</i></p>	<p>14 Chicken & Rice Soup Low Sodium Hot Dog on a Roll w/Mustard/Ketchup Baked Beans Cole Slaw Butterscotch Pudding <i>(Hamburger on a Roll w/Mustard/Ketchup)</i></p>	<p>15 Italian Wedding Soup Chicken Marsala Shells Winter Blend Vegetables Italian Bread Spumoni <i>(Seafood Salad on 9 Grain Bread)</i></p>
<p>18 <u>CLOSED</u> Martin Luther King Jr. Day</p> 	<p>19 Lentil Soup Chicken Cordon Bleu w/Gravy Red Bliss Potatoes Mixed Vegetables Fresh Fruit White Bread <i>(Salami & Provolone on White)</i></p>	<p>20 Pasta & Bean Soup Meatloaf w/Gravy Steak Fries Peas Chocolate Pudding w/whip cream Roll <i>(Chicken Salad on Keiser Roll)</i></p>	<p>21 Cottage Cheese w/Pineapple Boneless Pork Chop w/Applesauce Rice Pilaf Wax Beans Marble Bread Frosted Cupcake <i>(Bologna & Cheese on Marble)</i></p>	<p>22 White Clam Chowder w/Crackers Baked Fish w/Tartar Sauce Oven Roasted Potatoes Baby Whole Carrots Sliced Peaches Wheat Bread <i>(Italian Grinder)</i></p>
<p>25 Chicken Escarole Soup Chicken Fried Steak w/Country Gravy Potato Salad Green Beans Fresh Cut up Fruit White Bread <i>(Meatloaf Sandwich on White)</i></p>	<p>26 Low Sodium V-8 Juice Stuffed Cabbage w/Sauce Corn Buttered Noodles Oatmeal Cookies Pumpnickel Bread <i>(Chicken Loaf w/Mayo on Pump.)</i></p>	<p>27 Potato Leek Soup Pot Roast w/Gravy Mashed Potatoes Mixed Vegetables Rye Bread Fruit Gelatin w/whip cream <i>(Ham & Cheese on Rye)</i></p>	<p>28 Chicken Broth w/Ancini de Pep Rosemary Baked Chicken Sliced Seasoned Potatoes Braised Cabbage & Carrots Sliced Cinnamon Apples Wheat Bread <i>(Tuna Salad on Wheat)</i></p>	<p>29 Red Chowder Fish Sandwich on Roll w/Tartar Sauce Potato Log Cole Slaw Lemon Pudding <i>(Corned Beef on Rye w/Mustard)</i></p>